

Qualities I Want in a Mate

Directions: Below is a list of possible characteristics you may want in a mate.

- Put a 1 to the side of all items that are an absolute MUST in a mate.
- Put a 2 to the side of any items that are IMPORTANT but negotiable.
- Put a 3 next to any items you would LIKE, but could live without.
- Cross out any items you WOULD NOT WANT in a spouse.

Add any characteristics not on this list that you feel are NECESSARY and assign them a number, as stated above.

1. _____ Is friendly and popular with others.
2. _____ Shows concern and compassion for others.
3. _____ Respects authority.
4. _____ Does not use addictive substances such as alcohol or tobacco.
5. _____ His/her parents have a happy marriage.
6. _____ Does not use drugs.
7. _____ Is considered by most to be physically attractive.
8. _____ Shows affection appropriately.
9. _____ Is thoughtful.
10. _____ Attends the same church I do.
11. _____ Has same religious beliefs.
12. _____ Is not childish.
13. _____ Is not moody.
14. _____ Uses clean language.
15. _____ Is dependable.
16. _____ Is responsible for his/her own actions.
17. _____ Is good with children.
18. _____ Takes care of self, has good grooming practices.
19. _____ Is easy to talk to, listens to me, is good at communicating.

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20. _____ Has interests similar to mine.
21. _____ Is in good physical health.
22. _____ Is in good mental health.
23. _____ Is considerate.
24. _____ Has a good relationship with his/her parents.
25. _____ Has a sense of humor.
26. _____ Deals well with conflict and/or disappointment.
27. _____ Is forgiving.
28. _____ Is intelligent.
29. _____ Has experience working, can hold down a job.
30. _____ Has an appropriate amount of schooling.
31. _____ Is tidy--keeps things clean and in working order
32. _____ My parents approve of her/him.
33. _____ The people I respect most think highly of him/her.
34. _____ Desires a normal family life.
35. _____ Wants children.
36. _____ Does not intend to have children.
37. _____ Belongs to my race.
38. _____ Has a reasonable amount of self-confidence and self-esteem.
39. _____ Makes me feel good about myself when we are together.
40. _____ Owns or is buying a car or house.